

LUNCH **PANINI** SAMBOS

<i>TUSCAN - Chicken, tomato salsa, roasted capsicum, sweet chilli, melted tasty & lettuce</i>	10.5
<i>CAESAR - Chicken, bacon, Caesar dressing, melted parmesan & lettuce</i>	10.5
<i>B.L.T - Bacon, tomato salsa, roasted garlic mayo, melted tasty & lettuce</i>	10.5
<i>ROMA - Smoked ham, tomato pesto, mushrooms, tomato salsa, melted tasty & lettuce</i>	10.5
<i>(V) MEDITERANEAN - Pumpkin, mushroom, capsicum, pesto, melted tasty & lettuce</i>	10.5
<i>PARMA WRAP - Crumbed chicken, bacon, napoli, melted tasty, sweet chilli aioli & lettuce</i>	11
<i>HOUSE MADE CHIA SEED GLUTEN FREE BREAD AVAILABLE FOR AN EXTRA</i>	1

OUR S.T.A.R.T.E.R.S

HERB & GARLIC BREAD	7
SIGNATURE PRAWNS-	13
Chilli & lime crusted prawns w aioli & lemon	
SWEET POTATO CHIPS-	8
W aioli & rosemary salt	
BEER BATTERED CHIPS-	6
croutonsw	
aioli & rosemary salt	

Best shared with great company

ROCKET SALAD-	8
Candied walnuts, sweet balsamic, parmesan & fetta	
MARTINI NUTS-	6
smokey, honey roasted & chilli spiced nuts	
EGYPTION DUKKAH-	
Spice, seed & nut blend served w olive oil & fried	
3 CHEESE GARLIC PIZZA-	12

INSALATA *salads*

SMOKED CHICKEN CAESAR-	18
<i>Warm smoked chicken, rocket & parmesan salad topped w a soft poached egg, crispy spek & parmesan croutons</i>	
PRAWN & CHORIZO-	20
<i>A warm salad of fried chorizo & shaved asparagus tossed w paprika aioli, tomato & basil salsa & topped w our signature chilli & lime crusted prawns</i>	
FUMO LIMENCELLO-	22
<i>A warm zucchini, mint & halloumi salad w seared scallops, smoked salmon & chilli & lime prawns drizzled w house limencello glaze</i>	
POLLO PANZANELLA-	18
<i>Fried turkish bread croutons tossed w chicken breast & roasted pumpkin, tossed in a sticky chilli glaze w cherry tomatoes & toasted pine nuts</i>	

BACON & MUSHROOM	23
<i>Bacon & sautéed mushrooms cooked a garlic & white wine risotto w baby peas, mascarpone & parmesan</i>	
CHICKEN, CHORIZO & TOMATO	24
<i>Chorizo & chicken cooked in a rich chilli tomato risotto w ricotta & basil</i>	

RISOTTO

HOUSE R.I.C.O.T.T.A. GNOCCHI

CHICKEN GNOCCHI	23
<i>House ricotta gnocchi simmered in a smokey alfredo cheese sauce w mushroom, smoked Chicken, baby spinach & porcini dust.</i>	
FUMO PRAWN GNOCCHI	25
<i>Prawns, smoked salmon & asparagus cooked in herby tomato pasatta w ricotta gnocchi & chilli</i>	

pizza

spaghetti &

- (V) ZUCCA-** **20**
*Roasted pumpkin, spinach, toasted pinenuts
 Sweet chilli hollandaise.*
- (V) PESTO MARGHERTIA-** **19**
*Cherry tomatoes, tomato salsa, pesto,
 bocconcini, mozzarella & basil oil*
- FRANCE-** **21**
*smoked chicken, onion, camembert
 cheese, fresh avocado & spiced fruit compote*
- UMBRIAN-** **22**
*Confit porkbelly, poached pear, mozzarella,
 gorgonzola, red wine glaze & shredded rocket*
- AMALFI-** **23**
*An abundance of quality marinated
 seafood, topped w limencello glaze & aioli*
- JULIUS-** **21**
*Bacon, smoked chicken, onion, parmesan &
 caesar dressing (anchovies optional no charge)*
- PHUKET-** **22**
*Satay chicken, sweet chilli, roasted peanuts &
 mozzarella w thai style salad & coconut chips*
- ITALIANO-** **20**
*Chilli, roasted capsicum, prosciutto, anchovies,
 sicillian olives, sweet balsamic glaze*
- COSTA RICA-** **21**
*Double smoked ham, pineapple chutney,
 Coconut chips & mozzarella*
- INDIA-** **22**
*Tandoori lamb, tomato, spinach, mozzarella,
 pineapple chutney, yoghurt & lime*
- (V) PATATE-** **19**
*Olive oil base, roasted potato, chilli, rosemary,
 mozzarella & caramelized onion*
- (V) AMSTERDAM-** **22**
Mushrooms, spinach, mozzarella & porcini dust.

F.e.t.t.u.c.c.i.n.e.

- FETTUCCHINE CHILLI CARBONARA-** **21**
*Chicken breast & crispy spek simmered in a
 classic carbonara sauce w a touch of chilli*
- SPAGHETTI GAMBERI -** **21**
*Garlic prawns, asparagus & baby peas coked
 in burnt sage butter & w spaghetti, rocket,
 toasted sesame seeds & lemon.*
- FETTUCCHINE SICILLIANO-** **21**
*Chorizo, mushrooms & Sicilian olives, house
 nap, w loads of chilli & anchovies*
- SPAGHETTI BOLOGNAISE-** **21**
*Lamb, pork & beef mince simmered in our
 rich tomato & basil sugo (add chilli)*
- (v) SPAGHETTI ZUCCA-** **21**
*Onion, roasted pumpkin, mushroom,
 capsicum, spinach, pesto, napoli & pine nuts*
- FETTUCCHINE BOSCAIOLA-** **20**
*Bacon, mushroom, peas simmered in a
 creamy white wine & garlic sauce*

The sweetest thing

- WE LOVE SICILY
- Signature DOUGHNUTS- 13**
- Sicilian ricotta doughnuts lightly fried w spiced
 sugar, salted caramel fresh banana & house gelato
- RED VELVET COOKIES & CREAM-13**
- Red velvet cookies sandwiched w cheesecake
 gelato, oreo dust & white
 chocolate ganache.
- **PEANUT BUTTER PARFAIT -13**
- Peanut butter gelato, layered w crunchy snickers
 bubbles, peanut butter sauce,
 salted caramel & brittle

Best shared *with* great company

OUR S.T.A.R.T.E.R.S

SIGNATURE PRAWNS- Chilli & lime crusted prawns w aioli & lemon & basil oil	13
ARANCINE BALLS- Smoked chicken & basil risotto balls w house napoletana bread	14
BAKED CAMEMBERT- Served w spiced fruit compote & fried croutons	16
BRUSCHETTA- parmesan Blistered cherry toms, basil, bocconcini & sweet balsamic	13 6

3 CHEESE PIZZA- Mozzarella, parmesan & bocconcini w garlic	12
EGYPTIAN DUKKAH- Spice, seed & nut blend served w olive oil &	12
SWEET POTATO WEDGES- w aioli	8
ROCKET SALAD- Candied walnuts, sweet balsamic, whipped feta &	8
BEER BATTERED CHIPS- w aioli	

VONGOLE 27

Baby clams poached in a creamy smoked salmon & dill sauce, served w crusty bread

PORKBELLY 31

Confit pork belly served on wet parmesan polenta w mushroom & marsala sauce & wilted greens

LAMB RACK 32

Mushroom & roasted capsicum risotto, roasted tomatoes, whipped feta & sweet balsamic reduction

SALMON 33

Dukkah crusted salmon fillet topped w a soft poached egg, truffle oil & served w wilted greens.

M.A.I.N.S

R.I.S.O.T.T.O

BACON & MUSHROOM	23
Bacon & yummy mushrooms cooked a garlic & white wine risotto w baby peas, creamy mascarpone & parmesan	
CHICKEN, CHORIZO & TOMATO	24
Chicken & chorizo cooked in a rich (mild) chili & tomato risotto w crumbled ricotta & basil oil	

HOUSE R.I.C.O.T.T.A. GNOCCHI

SMOKED CHICKEN GNOCCHI 23

House ricotta gnocchi simmered in a smokey alfredo cheese sauce w mushroom, smoked Chicken, baby spinach & truffle oil.

FUMO POMORODORO GNOCCHI 25

Prawns, smoked salmon & asparagus cooked in a herby tomato pasatta w house ricotta gnocchi

pizza

(V) ZUCCA- 20
*Roasted pumpkin, spinach, toasted pinenuts
Sweet chilli hollandaise.*

(V) PESTO MARGHERIA- 19
*Cherry tomatoes, tomato salsa, pesto,
bocconcini, mozzarella & basil oil*

FRANCE- 21
*Smoked chicken, onion, camembert
cheese, fresh avocado & spiced fruit compote*

UMBRIAN- 22
*Confit porkbelly, poached pear, mozzarella,
gorgonzola, red wine glaze & shredded rocket*

AMALFI- 23
*An abundance of quality marinated
seafood, topped w limencello glaze & aioli*

JULIUS - 21
*Bacon, smoked chicken, onion, parmesan &
caesar dressing (anchovies optional no charge)*

PHUKET- 22
*Satay chicken, sweet chilli, roasted peanuts &
mozzarella Topped w thai style coconut salad*

ITALIANO- 20
*Chilli, roasted capsicum, prosciutto, anchovies,
sicillian olives & sweet balsamic glaze*

COSTA RICA- 21
*Double smoked ham, pineapple chutney,
Roasted coconut & mozzarella*

INDIA- 22
*Tandoori lamb, tomato, spinach, mozzarella,
pineapple chutney, yoghurt & lime*

(V) PATATE- 19
*Olive oil base, roasted potato, chilli, rosemary,
mozzarella & caramelized onion*

(V) AMSTERDAM- 22
*Loads of mushrooms, wilted spinach, mozzarella
Gorgonzola, truffle oil & porcini dust*



F.e.t.t.u.c.c.i.n.e.

FETTUCCINE CHILLI CARBONARA- 21
*Chicken breast & crispy spek simmered in a
classic carbonara sauce w a touch of chilli*

SPAGHETTI GAMBERI - 21
*Garlic prawns, asparagus & baby peas
cooked in burnt sage butter & w spaghetti,
rocket, toasted sesame seeds & lemon.*

FETTUCCINE SICILLIANO- 21
*Chorizo, mushrooms & Sicilian olives house
nap, w loads of chilli & anchovies*

SPAGHETTI BOLOGNAISE- 21
*Lamb, pork & beef mince simmered in our
rich tomato & basil sugo (add chilli)*

(v) SPAGHETTI ZUCCA- 21
*Onion, Roasted pumpkin, mushroom,
capsicum, spinach, pesto, napoli & pine nuts*

FETTUCCINE BOSCAIOLA- 20
*Bacon, mushroom, peas simmered in a
creamy white wine & garlic sauce*

The sweetest thing

WE LOVE SICILY

Signature DOUGHNUTS- 13

Sicilian ricotta doughnuts lightly fried w spiced
sugar, salted caramel fresh banana & house gelato

RED VELVET COOKIES & CREAM-13

Red velvet cookies sandwiched w cheesecake
gelato, oreo dust & white
chocolate ganache.

PEANUT BUTTER PARFAIT-13

Peanut butter gelato, layered w crunchy snickers
bubbles, peanut butter sauce,
salted caramel & brittle

BELLAS TAKEAWAY MENU

ph:68624212

S.T.A.R.T.E.R.S

HERB & GARLIC BREAD -	7
SIGNATURE PRAWNS-	13
Chilli & lime crusted prawns w aioli & lemon	
ARANCINE BALLS-	14
Smoked chicken & basil risotto balls w napolitana	

S.I.D.E.S

ROCKET SALAD-	8
walnuts, balsamic, parmesan & fetta	
SWEET POTATO CHIPS-8	
W aioli & rosemary salt	
BEER BATTERED CHIPS-6	
w aioli & rosemary salt	

RISOTTO-

Bacon & mushroom cooked in a garlic & white wine risotto w baby peas & marcarpone	23
Chicken & chorizo cooked in a rich chilli tomato risotto w ricotta & basil	24

P.A.S.T.A

FETTUCINE CHILLI CARBONARA-	21
Chicken breast & crispy spek simmered in a classic carbonara sauce w a touch of chilli	
SPAGHETTI GAMBERI -	21
Garlic prawns, asparagus & baby peas coked in burnt sage butter & w spaghetti, rocket, toasted sesame seeds & lemon.	
FETTUCINE SICILIANO-	21
Chorizo, mushrooms & Sicilian olives house nap, w loads of chilli & anchovies	
SPAGHETTI BOLOGNAISE-	21
Lamb, pork & beef mince simmered in our rich tomato & basil sugo (add chilli)	
(v) SPAGHETTI ZUCCA-	21
Onion, Roasted pumpkin, mushroom, capsicum,spinach, pesto, napoli & pine nuts	
FETTUCINE BOSCAIOLA-	20
Bacon, mushroom, peas simmered in a creamy white wine & garlic sauce	

GNOCCHI FUMOPOMODORO-	25
Prawns smoked salmon & asparagus cooked in a rich herby tomato pasatta w house ricotta gnocchi	
POLLO CHICKEN GNOCCHI-	24
House ricotta gnocchi simmered in a smokey alfredo cheese sauce w muchrooms, spinach & truffle oil.	

(V) ZUCCA-	21	P.I.Z.Z.A
Roasted pumpkin, spinach, toasted pinenuts Sweet chilli hollandaise.		
(V) PESTO MARGHERTIA-	19	
Cherry tomatoes, tomato salsa, pesto, bocconcini, mozzarella & basil oil		
FRANCE-	21	
Smoked chicken, onion, camembert cheese, fresh avocado & spiced fruit compote		
UMBRIAN-	22	
Confit porkbelly, poached pear, mozzarella, gorgonzola, red wine glaze & shredded rocket		
AMALFI-	23	
An abundance of quality marinated seafood, topped w limencello glaze & aioli		
JULIUS -	21	
Bacon, smoked chicken, onion, parmesan & caesar dressing (anchovies optional no charge)		
PHUKET-	22	
Satay chicken, sweet chilli, roasted peanuts & mozzarella Topped w thai style coconut salad		
ITALIANO-	20	
Chilli, roasted capsicum, prosciutto, anchovies, sicillian olives, sweet balsamic glaze		
COSTA RICA-	21	
Double smoked ham, pineapple chutney, Roasted coconut & mozzarella		
INDIA-	22	
Tandoori lamb, tomato, spinach, mozzarella, pineapple chutney, yoghurt & lime		
(V) PATATE-	19	
Olive oil base, roasted potato, chilli, rosemary, mozzarella & caramelized onion		
(V) AMSTERDAM-	22	
Loads of mushrooms, wilted spinach, mozzarella, Truffle oil & porcini dust		

Signature DOUGHNUTS- 13
Sicillian ricotta doughnuts lightly fried w spiced sugar, salted caramel fresh banana & house gelato
RED VELVET COOKIES & CREAM-13
Red velvet cookies sandwiched w cheesecake gelato, oreo dust & white chocolate ganache.
PEANUT BUTTER PARFAIT-13
Peanut butter gelato, layered w crunchy snickers bubbles, peanut butter sauce, salted caramel & brittle

B.R.E.A.K.F.A.S.T @ bellas

TOAST 2 PIECES of Panna di cassa w house jam	5
Thick sliced raisin toast OR Turkish cinnamon toast	5
HOUSE MADE CHIA & SESAME GLUTEN FREE BREAD ADD	
BELLAS HOUSE BANANA BREAD-	7
House made & served lightly toasted w whipped cinnamon butter	
BERT - (the ultimate bacon & egg roll)	11
Bacon, fried egg, rocket, chilli relish on a toasted turkish roll w aioli	

Vego eats

HERBIVOUR-

Garlic mushrooms, wilted spinach & asparagus, Persian feta, served w thick toast & house relish. Add eggs - Poached, fried or scrambled 4.5

RICOTTA OMLETTE-

Roasted pumpkin, spinach, pine nuts & parmesan served w sweet chili hollandaise 17

The CLASSICS

EGGS BENNO- Soft poached eggs on toast w citrus & chive hollandaise sauce

Double smoked ham 15

Smoked salmon 16

Bacon 15

BACON & FREE RANGE EGGS - 14

Poached, Fried or Scrambled eggs served w bacon & toast w house relish

BELLAS GRANDE BREAKY 19

Bacon & eggs, poached, fried or scrambled on thick toast w baby snags, roasted Roma tomato, hash brown, garlic mushrooms & house relish

Sweet stuff

SICILIAN DOUGHNUTS- 12

Fried ricotta doughnuts rolled in spiced sugar & served w house berry jam & cream

LEMONBERRY PANCAKES - 17

Pancakes w blueberry couli, lemon gelato, blueberry cheesecake & coconut shortbread

Something Different

BAKED EGGS- 17

Roasted potato, chorizo, tomato & soft poached eggs served w toast

DUKKAH EGGS- 17

Soft poached eggs w dukkah on toast w avo smash, salsa & persian feta

CREAMED CORN BRUSCHETTA- 17

Smoked salmon, avocado, rocket, house creamed corn & toast

Kids breaky

DIPPY EGGS- 7

Soft boiled egg served w toasted soldiers

BACON & EGGS- 9

A petite serve of scrambled eggs & bacon w toast & tomato sauce

CATERPILLAR PANCAKES-

9
Mini pancakes w banana, ice-cream, sprinkles & maple syrup

DRINKS

JUICE- 3.5

Apple, orange, watermelon, pineapple.

FRUIT SMOOTHIE

4.3
Strawberry, banana, blueberry, mango

MILKSHAKE- 2.5

THICKSHAKE- 4.3

Vanilla, strawberry, chocolate
Banana, lime.

WARM DRINKS-

Served w marshmallows

Babycino 2.5

Hot choc 3.5

Hot white choc 4

KIDS FUN BAR 1.6

House Granola

Skim milk, natural yoghurt w berries, organic honey, chia seeds, fresh fruit & house granola.

17